# School Food Services

Missouri Department of Elementary and Secondary Education

### SUMMER 2004 TRAINING

An opportunity for Food Service Personnel to pursue professional development

Choose from these locations around the state:

Cape Girardeau • Bonne Terre •
Kirksville • Jefferson City • Joplin • Springfield
• St. Louis (Wildwood) • Kansas City

## Class Schedule

8:00 a.m. Registration (Light refreshments will be offered.)

8:30 a.m. State Agency Welcome & Comments
9:00 a.m. First Morning Concurrent Sessions

10:30 a.m. Second Morning Concurrent Sessions

Noon Lunch/Update of Child Nutrition Programs

1:00 p.m. Afternoon Concurrent Sessions

2:30 p.m. Evaluations & Certificates of Attendance

# Class Descriptions

#### **Inventory Management**

Good inventory control can make or break a school food service program. General principles of inventory management will be taught through classroom discussion, print material, and videotape. The topics covered include: proper receiving and storage, record keeping, product safety, and cost control.

#### Offer Versus Serve

This class is designed for menu planners and cashiers to help you understand and implement this important federal regulation. Learn about offer vs. serve, menu choices, and recognizing reimbursable meals. Correct counting procedures will also be discussed. Please attend the session designed for the menu planning option your school has implemented. Rules applying to Food Based Menu Planning (FBMP) and those relating to Nutrient Standard Menu Planning (NSMP) will be discussed in separate sessions.

#### Meeting the Challenge to Market Nutrition

Nutrition has never been more important and newsworthy. Yet our students (and sometimes ourselves) are not always choosing the most healthful foods. School food service programs offer substantial, healthful foods. Are you, the teachers, administrators, and parents really "talking it up"? This session offers information and resources to market and promote the nutritional advantage served every day in the cafeteria.

#### Records Class

This class will cover issues surrounding the Coordinated Review Effort. The morning sessions will review meal benefit forms, direct certification, and verification. The afternoon session will address meal counting and claiming, After School Snack Program requirements, and the Seamless Summer Feeding Waiver. May attend one or all sessions.

#### School Meals Initiative (SMI) Nutrient Goals

This session will cover the SMI nutrient requirements and how they were established. Also discussed will be the importance of each nutrient's role in proper nutrition along with strategies to meet the goals of the initiative. Basic nutrition information will be presented in this session.

#### Serving It Safe

Why is food safety a top priority? This interactive class will provide instruction and guidance for: understanding microorganisms and preventing food borne illness, maintaining a clean and sanitary food service program and an introduction to Hazard Analysis and Critical Control Point (HACCP) principles.

#### Weighty Dilemma - Keeping Everyone Happy and Healthy

What is the secret to serving nutritious meals that contribute to a healthy lifestyle for all ages and ethnicities while operating within a tight budget? This workshop will emphasize ways you can help to keep everyone healthy as you do the balancing act of keeping everyone happy. Make certain your school food service is part of the solution to the current epidemic of overweight, not part of the problem.

#### CAPE GIRARDEAU

June 29, 2004
Southeast Missouri State University
Student Union

At Cape Girardeau take exit 99 or 96 to Kingshighway. From Kingshighway turn onto Broadway and continue on Broadway to Henderson Street. Turn left onto Henderson Street. This will take you to the Student Union and Lot 4 on the left.

#### BONNE TERRE

June 30, 2004

North St. Francois Co. R-I School District North County Senior High, 7151 Raider Road

From Highway 67 take the Bonne Terre exit. At the stoplight turn left onto Raider Road. Proceed on Raider Road to the high school.

#### KIRKSVILLE

July 13, 2004

Truman State University
Student Union Building, top floor
Business 63 N (Franklin Street)

Conference parking is available in lots on the southwest and northwest corner of Franklin and Patterson. Look for the "Conference Parking" sign.

#### JEFFERSON CITY

July 15, 2004

Jefferson City School District, Lewis and Clark Middle School, 325 Lewis and Clark Drive

Take Highway 50/63 to the Eastland Drive exit. Go north (from the east a right turn, from the west a left turn). Continue on Eastland Drive to Lewis and Clark Drive. Turn left onto Lewis and Clark Drive. Pass the first parking lot on the right. Go around the school to the parking lot in front of the school.

### Conference Locations

#### **IOPLIN**

July 21, 2004 Joplin R-VIII School District Joplin Senior High School, 2104 Indiana

From I-44 take the Rangeline exit. Go north to 20th Street. Turn left (west) on 20th. School is at corner of 20th and Indiana. Parking is available behind the building, northwest corner.

#### SPRINGFIELD

July 22, 2004

Springfield R-XII School District Central High School, 423 E. Central

Take U.S. 65 South (to Branson) to the Chestnut Expressway exit. Continue west on Chestnut Expressway to Benton Avenue (this is approximately 4-5 miles). Turn right (north) on Benton Avenue and go two blocks to Central High School which is at the intersection of Benton Avenue and Central Street. Park behind and west of Central High School.

#### ST. LOUIS (Wildwood)

August 4, 2004

Rockwood R-VI School District Wildwood Middle School, 17401 Manchester Road

From I-44 take Route 109 North to Manchester Road. Turn left onto Manchester Road. Continue on Manchester Road to Wildwood Middle School.

#### KANSAS CITY

August 10, 2004 Maple Woods Community College Campus Center, 2601 NE Barry Road

From I-435 North take Highway 152 West to Indiana Avenue exit. Turn right onto Indiana Avenue. At Berry Road turn left and proceed to the Campus Main Entrance. This will take you to lot 3 and the Campus Center.

Remember: Meeting rooms are air-conditioned; you may need a sweater.

# Workshop Objectives

This conference will provide food service staff with skills to operate efficient, up-to-date child nutrition programs that meet current regulations and guidance.

### Who Should Attend?

The conference is designed for food service staff involved in child nutrition programs. District employees responsible for preparing monthly claims, free and reduced price meal benefit form approval, and other office records may also benefit from attending.

## Continuing Education

Continuing Education Hours from the following professional groups have been requested:

- American Dietetic Association
- American & Missouri School Food Service Associations
- American Association of Family and Consumer Sciences

### Conference sponsored by:

Missouri Department of Elementary and Secondary Education School Food Services Section

P.O. Box 480, Jefferson City, MO 65102-0480 (573) 751-3526 • http://www.dese.mo.gov/divadm/food



"Making a positive difference through education and service"

### Registration Form

Please print and complete this form for each person attending. This form cannot be submitted online.

#### Registration deadline is May 21, 2004.

We regret that late registration may have to be returned due to limited space.

The cost for each location is \$15. Cost includes printed materials, refreshments, and lunch.

Registration confirmations will not be sent.

Please select one location by marking a box below:

☐ Cape Girardeau, June 29 ☐ Jefferson C	ity, July 15 St. Louis (Wildwood), August 4
☐ Bonne Terre, June 30 ☐ Joplin, July	
☐ Kirksville, July 13 ☐ Springfield,	
First Morning Sessions – May choose one	Second Morning Sessions – May choose one
☐ Inventory Manag <mark>ement</mark>	☐ Inventory Management
Offer vs. Serve FBMP NSMP  (please check appropriate menu planning option)	Offer vs. Serve FBMP NSMP  (please check appropriate menu planning option)
☐ Meeting the Challenge to Market Nutrition	☐ Meeting the Challenge to Market Nutrition
Records (Free & Reduced Meal Benefit Forms)	Records (Direct Certification and Verification)
School Meals Initiative (SMI) Nutrient Goals	School Meals Initiative (SMI) Nutrient Goals
☐ Serving It Safe	☐ Serving It Safe
☐ Weighty Dilemma – Keeping Everyone Happy & Healthy	Weighty Dilemma – Keeping Everyone Happy & Healthy
Afternoon Sessions – May choose one	
☐ Inventory Management	
☐ Offer vs. Serve FBMP NSMP	
(please check appropriate menu planning option)  Meeting the Challenge to Market Nutrition	
☐ Records (Meal Counting)	
☐ School Meals Initiative (SMI) Nutrient Goals	
☐ Serving It Safe	
☐ Weighty Dilemma – Keeping Everyone Happy & Healthy	
Please print or type below.	
Name	Phone Number
Mailing Address	
School District/Non-Public School Name	
School District/Non-Public School Agreement Numb	er
nount enclosed: \$ Please make checks payable to Treasurer, State of Missouri. No Purchase Orders.	

### Mail completed form and payment to:

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